

# OCTOBER 2023

## Hemlock Creek Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Mini Cinni</b> <b>2</b> 100% Juice Cup Applesauce Chicken Nuggets Baked Fries w/ Ketchup Fresh Broccoli w/ Dip Crispy Apple Slices	<b>Banana Bread</b> <b>3</b> 100% Juice Cup Peaches French Toast Sticks w/ Syrup String Cheese Steamed Corn Crispy Celery Sticks Chilled Mandarin Oranges	<b>Chocolate Muffin w/ String Cheese</b> <b>4</b> 100% Juice Cup Peaches Mini Corn Dogs Potato Smiles w/ Ketchup Fresh Tomato Mix Up Chilled Pineapple	<b>Mini Donut Pack</b> <b>5</b> 100 % Juice Cup Crispy Apple Slices Toasted Cheese Sandwich Steamed Broccoli Crispy Carrots w/ Dip Chilled Applesauce	<b>Cereal Bar w/ String Cheese</b> <b>6</b> 100 % Juice Cup Fruit Choice  <b>No Lunch Today</b> <b>Early Dismissal</b>
<b>Mini Donut Pack</b> <b>9</b> 100 % Juice Cup Peaches 4x6 Pizza Square Steamed Green Beans Fresh Celery Sticks Crispy Apple Slices	<b>Warm Glazed Cinnamon Roll</b> <b>10</b> 100% Juice Cup Applesauce Walking Taco w/ Meat, Cheese & Shredded Lettuce Fresh Tomato Mix Up Chilled Pineapple	<b>Mini Strawberry Bagels</b> <b>11</b> 100% Juice Cup Crispy Apple Slices Mini Waffles w/ Syrup Yogurt Cup Steamed Broccoli Crispy Carrots Chilled Pears	<b>Goldfish Crackers w/ String Cheese</b> <b>12</b> 100% Juice Cup Peaches Popcorn Chicken w/ Ketchup Mashed Potatos and Gravy Steamed Corn Fresh Orange Wedges	<b>Mini Strawberry Bagels</b> <b>13</b> 100% Juice Cup Crispy Apple Slices Papa John's Pizza Slice Baked Beans Crispy Cucumbers w/ Dip Fruit Sorbet
<b>Cereal Bar w/ String Cheese</b> <b>16</b> 100 % Juice Cup Pears Hot Dog on a Bun Tater Tots w/ Ketchup Fresh Broccoli Bites Crispy Apple Slices	<b>Banana Bread</b> <b>17</b> 100% Juice Cup Peaches Mini Pancakes w/ Syrup String Cheese Steamed Carrots Crispy Celery Sticks Chilled Applesauce	<b>Warm Glazed Cinnamon Roll</b> <b>18</b> 100% Juice Cup Fresh Orange Wedges Nachos w/ Meat, Chips and Cheese Steamed Broccoli Fresh Vegetable Variety Chilled Pineapple	<b>No Lunch Today</b> <b>19</b> <b>Early Dismissal</b>	<b>No School Today</b> <b>20</b>
<b>Chocolate Muffin w/ String Cheese</b> <b>23</b> 100% Juice Cup Peaches Cheese Breadsticks w/ Dipping Sauce Steamed Broccoli Crispy Celery Sticks Chilled Pineapple	<b>Mini Donut Pack</b> <b>24</b> 100 % Juice Cup Peaches Chicken Tenders Potato Smiles w/ Ketchup Fresh Tomato Blend w/ Dip Crispy Apple Slices	<b>Warm Glazed Cinnamon Roll</b> <b>25</b> 100% Juice Cup Fresh Orange Wedges Cheeseburger on a Bun w/ Ketchup Steamed Carrots Fresh Broccoli Chilled Applesauce	<b>Mini Strawberry Bagels</b> <b>26</b> 100% Juice Cup Crispy Apple Slices French Toast Sticks w/ Syrup String Cheese Steamed Corn Crispy Carrots Chilled Mandarin Oranges	<b>Cereal Bar w/ String Cheese</b> <b>27</b> 100 % Juice Cup Fruit Choice Papa John's Pizza Slice Baked Beans Crispy Cucumbers w/ Dip Fruit Sorbet
<b>Goldfish Crackers w/ String Cheese</b> <b>30</b> 100% Juice Cup Peaches Chicken Patty on a Bun Steamed Broccoli Fresh Tomato Blend Crispy Apple Slices	<b>Mini Cinni</b> <b>31</b> 100% Juice Cup Applesauce Mini Waffles w/ Syrup Yogurt Cup Tri Tater w/ Ketchup Crispy Carrots Chilled Pears			



Menu Subject to Change Based on Product Availability

Skim and 1% Milk Available at all Meals

Questions about the menu please contact Jennifer at 920-337-1393 EXT: 8045